

Just You Personal Training

Session Make -Up Policy

Clients that train 3 times per week

If makeup sessions are unavailable in the month that sessions are missed, they will be made up in the following months up to a maximum of 2 makeup sessions in the months following the missed session. Makeup sessions will be worked into schedule for a maximum of 3 months.

Clients who train 2 times a week

If makeup sessions are unavailable in the month that sessions are missed, they will be made up in the following months up to a maximum of 1- makeup sessions in the months following the missed session. Makeup sessions will be worked into schedule for a maximum of 2 months.

Clients that train 1 time per week

Make up sessions will be provided in the month that session is missed. In the event that you miss a session on the last day of the month, session will be placed into first week of new month in addition to regular scheduled session.

As per Just You Personal Training Policies, a 24-hour notice of cancellation is required should you, the Client, wish to cancel a training sessions. Client will be charged full session fee in the event that 24-hour notice is not given.

I have read and understand the above: _____

Date _____

Trainer Initials _____